

## Environmental Monitoring for Healthier Spaces

# Sound decisions: building insight from acoustic measurements

#### Sonitus Systems – What we're all about

Creating better environments for people to live and work

VISION

Protecting people and property in their living and working environments. Sonitus Systems enables customers to make better decisions through insightful analytics, deep understanding and trustworthy products.

MISSION



### International reach





### Core applications

## Construction Manufacturing Smart Cities Smart Buildings

Save time and cost on environmental checks

Automatic compliance with environmental laws and limits Information for better decisions

Monitoring for healthier spaces

### Sound in the built environment

Smart

Buildings

Wellbeing

Productivity

Optimised spaces

Workplace experience

Soundscape as part of the built environment

### Commercial Real Estate Trends

### Vacancy

Occupancy

Utilization & flex space

Quarterly office vacancy rates in the United States from 4th quarter 2017 to 1st quarter 2023



#### Sections ≡

### THE IRISH TIMES

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Business

## Vacancy rate in Dublin office market likely to peak at 15% this year

Instead of seeking out tricks to make the numbers look healthier, analysts should focus on the fact that this downturn will be neither deep nor prolonged

#### 🔀 Expand



## Noise is one of the top complaints in open office environments

### Sound as a driver of behaviour



Academic rigour, journalistic flair



#### What impact does open-office noise have?

Heart rate, skin conductivity and facial recognition response to 8 minutes of simulated open-office noise.



https://theconversation.com/open-plan-office-noise-increases-stress-and-worsens-mood-weve-measured-the-effects-162843

### Sound as a driver of behaviour

Office-related tasks are highly affected by speech and office noise. In a study, researchers experienced a drop in performance by 66% in 'memory for prose' tasks when participants were exposed to different types of background noises. About 99% of the people surveyed in an experiment reported on their concentration being impaired by office sounds such as unanswered phones and background speech [71]. Both internal noise and external noise affect occupant's performance and leads to stress and anxiety and possibly creating long term health issues for occupants.

### The Effects of Cell Phone Conversations on the Attention and Memory of Bystanders

#### Veronica V. Galván<sup>1</sup>\*, Rosa S. Vessal<sup>1</sup>, Matthew T. Golley<sup>2<sup>m</sup></sup>

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### Overheard cell-phone conversations: when less speech is more distracting

Lauren L Emberson <sup>11</sup>, Gary Lupyan, Michael H Goldstein,



## Why Are Background Telephone Conversations Distracting?

J. Marsh, Robert Ljung, +4 authors F. Vachon • Published 1 June 2018 • Psychology •

Journal of Experimental Psychology: Applied

## Noise is one of the top complaints in hospitals

## A soundscape is the acoustic environment as perceived by humans, in context.

I want to see the noise levels throughout the day when a space is occupied I want to understand the acoustics of a space – is it too loud or too quiet?

I want to understand noise transmission throughout a space

I want to quantify noise intrusion from one space to another I want to control audio / sound / music within the space









Decibels

Credit: https://hearinghealthfoundation.org/keeplistening/decibels



70 dB are safe. hearing over time.

### Processing sound levels

Sound levels are measured on a logarithmic scale.

This makes the very large range of numbers easier to manage. Since the measurements are in decibels, we cannot just get an average level with a simple averaging calculation.

First we convert the decibel values into pressure squared values.

Then we average *those* numbers.

And finally, the average pressure values are converted back to sound levels (decibels).



## Some real world examples

### CW+ Hospital – Patient Insights



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Noise data to healthcare dashboard

67

Hospital

procedures

designed

around sound

## -~~-

Combined with patient stats

50

### Monitoring the ICU environment

Sound levels matched to patient outcomes

Levels combined with air quality and temperature

New hospital procedures designed around sound

Noise masking systems installed to increase privacy





## Intel and Microsoft Smart Stadiums Instrumented seating 9 STATION III Live readings to Intel gateways Combined 26.5 with match analysis Tracking Smart stadiums – loudest crowd roar social media

https://microsoft.github.io/techcasestudies/iot/2016/10/28/CrokePark.html





## Still useful?

NO SLEEP FOR A

HOURS

2

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### Sonitus EM2010: Main Office LATEST AVERAGE (LAEQ) 733.4 dB(A) 11:25 - 11:40 15th Oct

1.0

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Sonitus EM2010: Main Office LATEST AVERAGE (LAEQ) 74.6 dB(A) 01:25 - 01:40 17th May

Sonitus EM2010: Main Office

LATEST AVERAGE (LAEQ)



### Corporate office upgrade

Generating insights across multinational organisations

Noise data to facility dashboard

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Combined with air quality and building info

### Corporate office upgrade

400 sensors across multiple sites

Levels combined with air quality and occupancy

Deep investigation into long term patterns

Insights into what drives behaviour and use of space

% time acceptable+	% time undesirable	Daytime variance
100	0	Low (2%)
99	1	Low (2%)
99	1	Medium (8%)
65	35	High (14%)

Almost an entire floor underutilized

## Where is all this going?



Ollscoil na Gaillimhe University of Galway





- 1. Soundscape assessment using psychoacoustic sound quality metrics
- 2. Psychoacoustic sound quality metrics with impulsive sounds (i.e. sounds of very short duration <500ms)
- 3. Dependency of the sound duration on the psychoacoustic sound quality metrics.
- 4. Modelling of the perceived annoyance (or pleasantness) using psychoacoustic sound quality metrics

### Project roadmap - soundscape insights



### Audio scene recognition

DATE yyyy-mm-dd	TIME hh:mm:ss	TRIGGER VALUE	
2022-08-17	11:30:32	81 dB(A)	Construction/Factory tools
2022-08-17	08:43:18	86 dB(A)	Vehicles
2022-08-09	12:28:38	100 dB(A)	Impact sound
2022-07-21	01:17:16	73 dB(A)	Natural sounds

## Let your building tell you what is happening so you can react

### Project roadmap – performance insights



### Indoor zoning tools for space management



Empower real estate teams to flex spaces and understand performance in context

### Project roadmap – productivity insights



#### Psychoacoustics and productivity metrics

Can you improve your space to help your teams?

Combine acoustics with other data to understand distraction and focus e.g. CO2

Find the best performing spaces across your organization



Thank you

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